



## **Welcome to Food Truck Snacks!**

Here are fun snacks that you can make or buy for your children this week. Snacks are often fun ways to tie in the theme for the week while getting the chance to sit down and talk about what they have learned so far this week.

There are three categories you can pick from: healthy snacks, salty snacks, and sweet snacks. Water is always the best choice to go with any of these delicious treats, but Gatorade is another great idea as many construction workers drink that on the job site!

# Healthy Snacks

- Traffic Lights Fruit
  - Honeydew, pineapple, and watermelon cut into circular pieces then slid onto skewers
- Construction Site Fruits and Veggies
  - Baby carrots (construction cones), broccoli florets (shade trees), sliced cucumbers (saw blades), and cauliflower caps (hard hats) with ranch to dip in
- Construction Cone Carrots
  - Halved baby carrots on top of cheese crackers with whipped cream cheese
- Plywood
  - Nutri-Grain bars

# Salty Snacks

- Drill Bit Chips
  - Twisted chips such as Fritos or Cheetos Twists
- Tool Bag Snack
  - Skinny pretzel rods (nails), veggie straws (lumber), and cheerios (bolts) combined or separate so children can create their own mix
- Wrecking Balls or Construction Cones
  - Round cheese puffs or bugle chips
- Nuts and Bolts
  - Store-bought or homemade trail mix

# Sweet Snacks

- Dirt Cups
  - Chocolate pudding and crushed Oreos in small cups or bowls
- Paint Brush Rice Krispies or Marshmallows
  - Rice Krispie treats cut into small rectangles or square marshmallows with edges coated in colorful icing or melted chocolate
- Spare Tire Donuts
  - Mini or full-size chocolate covered donuts (can also use donut holes and call them wrecking balls)
- Truck Tires, Plywood, or Lumber
  - Oreos, graham crackers, or sugar wafers