

Welcome to Wrecking Ball Rec!

Here are fun games that children can do alone or with other family members! Most of the games can be done with things from around your home (chalk, empty water bottles, balls, etc.) or purchased for only a few dollars.

The last two pages have indoor activities if it is raining or too hot for outdoor play!

DAY 1

VBS 2020 RECREATION

MANHOLE COVER HOP

Foundation of Love

Bible Story

Jesus Chose Matthew
(Matthew 9:9-13)

Bible Verse

Philippians 1:6

Bonus Verse

John 15:9

The Point

Jesus chooses to love
me. I can't earn it.

REC CARD 3



JESUS! OUR STRONG FOUNDATION!

MANHOLE COVER HOP

Prep

- Set up a course: Place 15-25 hula hoops side by-side to create a meandering path.
- Larger groups may use several intersecting paths.

Play

- Help the kids form two teams. Position each set of teams at the first hoop on opposite ends of a path.
- Kids must jump into each hoop to move down the path. One kid from each team will go at a time.
- When two kids meet, they must play Hammer, Nail, Board to determine who continues down the path. (The kids will tap a fist against a flat hand and say "hammer, nail, board, build." On the word "build" kids will make the sign of the building object they choose. The board covers the hammer, the hammer drives the nail, the nail splits the board.)
- The winner of Hammer, Nail, Board gets to keep jumping while the kid who loses then steps out of the hoop and runs back to his team.
- Continue play until all the members of one team reach the starting hoop of the opposite team.



Hammer



Nail



Board

DAY 2

VBS 2020 RECREATION

WRECKING BALL

Foundation of Forgiveness

Bible Story
Paul's Redemption
(Acts 26:1-29)

Bible Verse
Philippians 1:6

Bonus Verse
Romans 5:8

The Point
Jesus loves me
regardless of my sin.

REC CARD 5



JESUS! OUR STRONG FOUNDATION!

WRECKING BALL

Prep

- Place a tennis ball in the toe of a tube sock. Tape the open end of the sock to the top of a hard hat.
- Fill recycled water bottles about ¼ full and replace the lid. You will need 5 for each team.
- Bleach wipes

Play

- Show the kids how to place the hard hat on their heads, hold it with both hands, and start to move so that the ball swings.
- Use the ball in the sock to knock over the water bottles.
- Create two teams and explain that each person has to knock over five water bottles before passing the hard hat to the next person in line. Ask leaders to help reset the water bottles before the next person.
- The first team to complete the challenge is the winner.
- Use a bleach wipe to clean the inside of the hat between kids.
- *Option:* Plastic cups can be used in place of water bottles.

DAY 3

VBS 2020 RECREATION

CONSTRUCTION CONE RING TOSS

Foundation of Worth

Bible Story

Jesus Prayed in the
Garden
(Matthew 26:36-46)

Bible Verse

Philippians 1:6

Bonus Verse

John 15:13

The Point

Jesus chose to
die for me.

REC CARD 9



JESUS!
OUR STRONG
FOUNDATION!

CONSTRUCTION CONE RING TOSS

Play

Prep

- Make several rings with stiff rope and duct tape.
- Secure a piece of caution tape on the ground to designate the throwing line.
- Set up several construction cones a few feet from the line.

- Encourage the kids to take turns tossing the rings onto the cones.
- Place the cones at various distances from the line and add point values that increase as the cones are further away.
- Form teams and the team with the most points wins.

DAY 4

VBS 2020 RECREATION

ROLL THE STONE AWAY

Foundation of Promise

Bible Story

Jesus' Resurrection
and Promise
(Matthew 28:1-10,16-20)

Bible Verse

Philippians 1:6

Bonus Verse

Matthew 28:20b

The Point

Jesus will always
love me.

REC CARD 10



JESUS! OUR STRONG FOUNDATION!

ROLL THE STONE AWAY

Prep

- Sidewalk chalk to draw a large circle
- One heavier ball to use as the shooter
- Place several beach balls in the circle.

Play

- Ask the kids to recall what happened in today's Bible story. (*The stone had been rolled away. Jesus was resurrected.*)
- Explain that we will play a game to help us remember what happened in our Bible story.
- Challenge the kids to take turns rolling the shooter ball to try to knock the beach balls out of the circle.
- Kids will receive one point for each beach ball the shooter ball knocks out without the shooter leaving the circle. A player may continue the turn until no ball is knocked out or until the shooter ball rolls out of the circle.
- Replace all the balls after each turn.

Suggestions

- Make a circle with a long rope if you are playing on grass.

DAY 5

VBS 2020 RECREATION

BUILD WISE HIGH-RISE

Foundation for Life

Bible Story
Wise and
Foolish Builders
(Matthew 7:24-29)

Bible Verse
Philippians 1:6

Bonus Verse
2 Timothy 3:14

The Point
Jesus' love is the
foundation for the rest
of my life.

REC CARD 13



JESUS! OUR STRONG FOUNDATION!

BUILD WISE HIGH-RISE

Prep

- Various building supplies: swim noodles, boxes, crates
- Determine how long teams will have to build.

Play

- Form teams of 5-8 kids.
- Ask the kids to recall today's Bible story. Remind the kids that some builders made wise choices, while others made foolish choices.
- Give each team a set of supplies.
- Challenge the kids to make the highest structure they can before time is called.

Suggestion

- For a smaller, inside version use craft sticks, index cards, and foam counting blocks.



STEADY STACKER

Prep

- Thread five hex nuts onto a chopstick or sturdy bamboo skewer. Make several sets for kids to share.
- Table or another flat surface.
- Timer

Play

- Explain that the kids will attempt to stack five hex nuts in 20 seconds.
- Kids will stack the nuts by sliding them off the skewer without touching them with their hands.
- Set the timer for 20 seconds and call "Start." Allow the kids to take turns attempting to complete the stack before time is up.



Suggestions

- Increase the number of nuts or decrease the time to make this more challenging for older kids.

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NUTS & BOLTS

Prep

- Gather enough sets of matching nuts and bolts for each kid to have one or the other. The nuts and bolts need to be various sizes, but each needs to have a match.
- Construction hat to hold the nuts and bolts

Play

- Explain that the phrase "nuts and bolts" means the basic details about something. Tell the kids that they will play a game that will help them learn the "nuts & bolts" about their friends.
- Allow each kid to choose a nut or a bolt.
- When everyone has one, each kid finds a partner with a matching nut or bolt. Once pairs are found, they should learn three things about that friend.

Suggestion

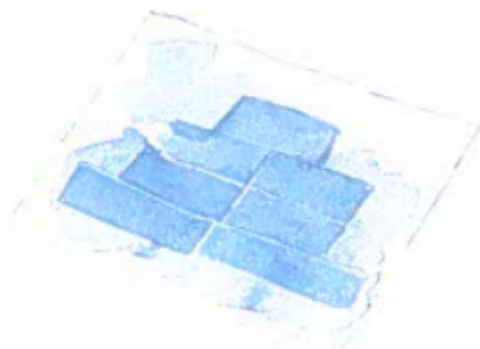
- The game may be repeated to allow kids to get to know more friends.





VBS 2020 RECREATION

BLUEPRINT CHALLENGE



REC CARD 21

Prep

- Lego® bricks
- Build shapes out of Legos. Place white paper over the shapes and rub with a blue crayon to make a blueprint.

Play

- Explain that builders use a pattern called a blueprint to show how a structure is supposed to be built.
- Encourage the kids to use the Lego blocks to make the structures shown in the blueprints.

Suggestion

- Have extra paper and crayons available so kids can make their own blueprints.



CONSTRUCTION CONE COOPERATION CHALLENGE

Prep

- 10 orange or yellow cups
- 4 strings (about 24 inches)
- Rubber band for each team of four.
- Use hitch knots to secure 4 lengths of string equally spaced around each rubber band.

Play

- Explain that the objective of the game is for players to work as a team to stack all the cups in a pyramid. The challenge is that players cannot touch the cups. They may only use the rubber band tool and their voices.
- Demonstrate how the players must work together to pull the strings and stretch the rubber band to fit around the cup so it can be lifted into place.

Suggestion

- Print the phrases of the verse on the cups and challenge the kids to stack the cups in verse order.
- For younger kids, just use three cups to stack in a pyramid

